



REACH ENGAGE
CHALLENGE

St Joseph's School Uralla Newsletter



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20 MARCH 2019
TERM 1 WEEK 8

Dear Parents

PRINCIPAL'S MESSAGE

Well, the day has finally come! Uralla will finally have its very own Before and After School Care Service.

I am pleased to announce that Sherpa Kids will officially open its service here at St Joseph's School on Monday 25 March.

We, at St Joseph's, are so happy to be able to provide the facilities for this service so that it can be available to the WHOLE community of Uralla and the surrounding area.

It is exciting to be able to support parents in this way by providing before and after school care for their primary school children. Working hours are not always easy to fit in with school hours. This service means that our Uralla families who work in Armidale or other towns now have the option of choosing Uralla schools for their children without the worry of who is available to supervise them until they arrive back from work.

This service is available to ALL school aged children from Kindergarten to Year 6 and will operate **Monday to Friday from 7:00am – 9:00am and 3:00pm – 6:00pm**. Afternoon tea and activities will be provided.

A bus service will operate between Uralla Central School and St Joseph's School AT NO COST to those families using the Sherpa Kids service. These bus fares will be absorbed by Sherpa Kids.

Sherpa Kids is a well-established Out of School Hours Care (OSHC) service with ten other services around the state. To celebrate the opening of their service here in Uralla they are offering a **No Gap Fee for terms 1 and 2 for all parents who are eligible for the Child Care Subsidy.**

All you need to do to take up this offer is to complete an enrolment form, have your child care subsidy confirmed by MyGov and then receive confirmation from Sherpa Kids.

I have included another copy of the enrolment form in this newsletter as the form which was sent out previously did not print out all the tick boxes correctly due to a formatting error. **Please note that the service is being offered every day from Monday to Friday.**

For more information and further details please visit the Sherpa Kids website <http://www.sherpa-kids.com.au> or email Mr William Wong at hurstville@sherpa-kids.com.au

I am also happy to help with your enquiries at any time.

This is great news for us all so please spread the word and help make this service a successful option for the people of the Uralla area.

*Kind regards
Judy Elks*

INTERNATIONAL WOMENS DAY

Last Friday the Year 6 girls and Mrs Elks attended the International Women's Day luncheon held at the Uralla Central School hall.

Mrs Kirk was the guest speaker. She shared with us her life story and how domestic violence affected her. She explained how she felt during this time and the struggle of keeping it secret. She talked about how she thought the adults in her world could have helped but didn't. Today society is very different and we learnt that we should keep our eyes and ears open so we can support those in need.

The hospitality class from Uralla Central catered for our lunch. They prepared homemade dishes for main course and desserts for everyone to enjoy. To support them in their course we had to fill in an evaluation sheet on "How they did!" Our favourite main was the pasta salad and our favourite dessert was meringues. We thought it was pretty good.

We would like to thank Mrs Kirk for sharing her story and Mrs Elks for taking us to the luncheon. The key point we learnt from this experience is that "Women can do anything if you put your mind to it!"

Monty, Shyan, Tilly and Kaitlyn



STEP DAY AT O'CONNOR

Tomorrow our Year 6 students will be attending their first Step Day to O'Connor. The children will travel to and from Armidale on a bus with the Year 6 students from Walcha. The bus will leave about 9:40 and return before buses in the afternoon.

NAPLAN

Our Year 3 and Year 5 students will sit a practice NAPLAN test next week Thursday the 28th March. This practice test will allow our students the opportunity to experience and use the functionality and online tools that they will use when they sit the NAPLAN test in May 13th - 24th. An email with useful links has been sent to all Yr3 and Yr5 families containing further information about NAPLAN online.

IN AND AROUND THE CLASSROOM

In Years 3 to 6 we have been learning about early exploration in History, focusing on the following:

- Understanding the difference between primary and secondary sources
- In the 1400s European countries sent ships in search of riches, spices and new territories.
- In the 1600s many ships were blown off course into the Western Australian coast.
- James Cook mapped the east coast of Australia and claimed it for Britain on 22 August 1770.

Homework Update

Congratulations to the students who have returned their **reading logs** for signing and recording. It is wonderful to know that we are turning into a group of very keen readers. Students will receive an award for every 5th and 10th times their reading logs have been returned to school. Encourage your child to read each day. Research says that this really helps in the development of skills across all areas of literacy.

Bookclub Reminder

Please return all bookclub orders to the school front office by this Friday 22nd March 2019.

ST. JOSEPH FEAST DAY: MARCH 19

St Joseph's Day

Yesterday we celebrated St Joseph's feast day with a whole school prayer service and a welcomed dessert treat of pancakes, ice cream and syrup at lunchtime. A very fitting way to acknowledge St Joseph, patron of the Universal Church. We honoured him as the husband of Mary and devoted foster father of Jesus. He was compassionate, caring, a protector, and faithful. The theme of our prayer was **Unity and Reconciliation**. We shared thoughts on how we could follow the many virtues of St Joseph to become a person of Unity and Reconciliation, building a strong school community.



Project Compassion Update

Thank you to all those families who are saving our bottles for Caritas and Project Compassion. Last week we raised \$11.10 which is enough money to purchase 2 reliable water taps for a school in the Solomon Islands. Keep the bottles coming in or return the bottles as a family.

A BIG THANK YOU to our younger students for adding to our bottle collection fundraiser.



FAITH NEWS

The Season of Lent is a time in which we reflect on our relationship with God and the way we are living our lives. It is the season in which we prepare for the mystery of Easter with minds and hearts renewed. Through repentance and renewal we can live more fully, our Baptismal call to live as disciples of Jesus.

PRAYER, FASTING AND ALMSGIVING: WHAT DO THEY MEAN?

Lent is a time to identify the things we THINK, FEEL and DO, that prevent us from moving closer to God and which stop us from living like Jesus. Lent is about conversion – moving into practices in which we grow more like Christ and help us live His way of life.



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As Catholics, we use PRAYER, FASTING AND ALMSGIVING to bring us closer to God and prepare ourselves for the Easter Season. All three of these Lenten practices link together to allow the Holy Spirit to bring about the conversion we seek during Lent. We will focus on one of these themes each week in the newsletter.

FASTING - Fasting is one of the most ancient actions linked to Lent, although the rules have changed through the ages, it is still considered a sacred practice. When we hear the word 'fast' we straight away think of 'giving up' something like lollies, chocolate or our favourite food. Fasting is about limiting the amount we eat and/or denying ourselves certain foods. It is primarily a spiritual discipline designed to allow us to concentrate less on our body and more on prayer. It is important to remember, fasting should lead to a deeper relationship with God and others. Fasting is not a selfish act, rather an act that allows us to focus less on ourselves and more on strengthening our relationship with God and others.

ASSEMBLY

Our next Assembly will be held NEXT Friday 29th March at 2:45pm. All welcome.

SCHOOL MASS

Our next Mass will be held this Friday 22nd March. All welcome.

CANTEEN

Lunch Meal Monday Week 9 - \$4 Honey Soy Chicken Legs and White Rice

LUNCH ORDERS MUST BE SUBMITTED BY THE FRIDAY BEFORE. Orders can either be sent in to the school office or by messaging Nicki on 0448 054 092. Thank You!

PT&F NEWS

Our PT&F Meeting was held last night. The next meeting is scheduled for Tuesday 28th May. All welcome.

Good for Kids good for life



ACTIVE KIDS VOUCHER

The NSW Government is helping kids get active with the new Active Kids program.

Parents, guardians and carers can apply for a voucher valued up to \$100 per calendar year for each student enrolled in school.

The voucher may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities.

The voucher can be used at any time during the calendar year it was issued.

To use the voucher, find a registered activity provider and present your voucher when you sign up.

The program runs year round, so kids can get active at any time!
 Visit www.service.nsw.gov.au/active-kids to apply

Good for Kids good for life

CRUNCH&SIP®

Crunch&Sip® is a set time during class time for primary school students to 'refuel' on vegetables, salad or fruit, and 'rehydrate' with water. Students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and disruptive. Many students are not eating enough vegetables and fruit or keeping sufficiently hydrated.



Sometimes



www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx

Dates to Remember

Thu 21 Mar:
O'Connor Step Day Year 6

Fri 22 Mar: Winter Trials
Tamworth

Fri 22 Mar:
BOOKCLUB ORDERS ARE DUE

Mon 25 - Fri 29 Mar:
Lantern Making Workshops

Fri 29 Mar:
Whole School Assembly 2:45pm

Fri 29 Mar:
Uralla Art Show Opening

Sat 30 Mar:
Seasons Of New England &
Lantern Parade 7:30pm

Wed 10 Apr:
Cross Country

BIRTHDAYS

Mar 26th: Justin Redmond

