



St Joseph's School Uralla Newsletter



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10 JUNE 2020
TERM 2 WEEK 7

Dear Parents

PRINCIPAL'S MESSAGE

I hope you enjoyed the long weekend and were able to get out and explore "beyond the four walls" for a little while! Some easing of the restrictions has been most welcome but we still need to be vigilant in observing social distancing and hand hygiene practices.

Parent/Teacher/Student Conferences

For the past few weeks I have been discussing with you our plans for replacing this semester's usual written student reports with three-way parent/teacher/student conferences.

We had hoped to hold these conferences during weeks 9 and 10 of this term but we are currently awaiting final approval from the Catholic Schools Office and government authorities regarding more easing of COVID-19 restrictions for this to go ahead. If approval is not granted, we will look to having the conferences as early as possible in Term 3.

As mentioned in previous newsletters, these three-way conferences are a wonderful opportunity for us all to gain a greater understanding of each child's learning achievement, needs and goals. It is hoped that through these meetings, parents and caregivers are able to become more actively involved in their child's learning by promoting conversation and creating a learning atmosphere.

At these meetings we will be asking parents to share with their child, three positive things that you have noticed about your child's learning. In the days leading up to these meetings we will be sending home a form with some discussion points for you to consider and then to list three in your own words. These forms are to be returned to school in advance of your meeting and will be an important part of the discussion at the meeting with your child.

We will keep you posted on the timing of these three-way conferences, but in the meantime please feel free to contact me or your child's teacher if you have any concerns about your child's learning or wellbeing.

CSO Consultants Visit

Today, we were visited by two key personnel from the Catholic Schools Office, Justin Matthews and Rod Whelan, to consult with staff and students about the effects of the COVID-19 pandemic on us as a school and as individuals. They were particularly interested in hearing about our experiences with online and remote learning. I was able to tell them that, overall, it has meant that our students have been able to continue their learning and make progress in the most trying of circumstances. This is in great part due to the wonderful dedication of our teaching staff, the amazing support of our parents and the resilient cooperation of our children.

RE Development Day

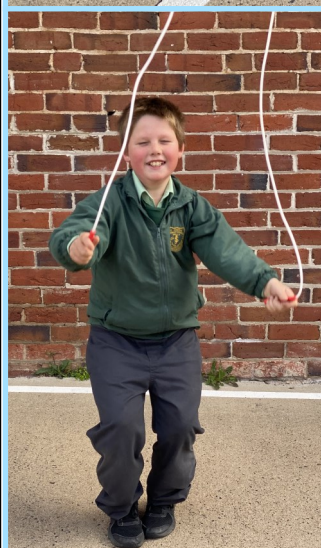
Next term our students will return to school on **Tuesday 21 July**. This is due to Monday 20 July being a staff development day in which all staff will be involved.

Kind regards

Judy Elks

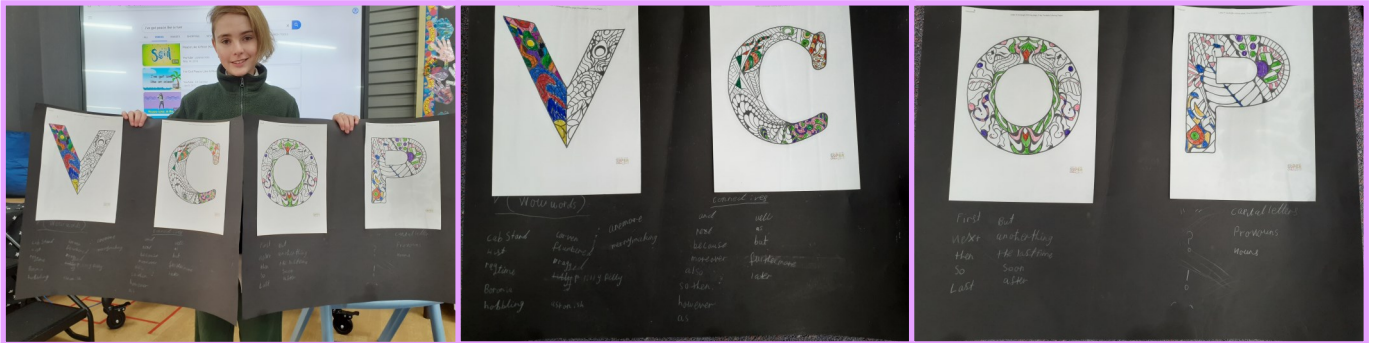
IN AND AROUND THE CLASSROOM**TUCABIA - PDHPE**

This week the whole school commenced our new daily physical activity program "Tucabia." This daily program allows our students to fine tune skills in the areas of: directionality, spatial awareness, balance, locomotion, hand-eye coordination and foot-eye coordination. Our senior students are also building their skills in leadership as they support our students in this skill development.



IN AND AROUND THE CLASSROOM - Continued

3/4/5/6 - Well done Charlotte on your VCOP Wall.



K/1/2 - Working on multiplication and division.



Whole School - More work in our beautiful garden.



COMMUNITY NEWS

Good for Kids good for life

EASY HEALTHY LUNCH IDEAS

Learning from home can be a great time to try out some new lunch ideas. You can try:

- Chicken and vegetable rice paper rolls
- Pasta salad
- Zucchini slice
- Corn fritters
- Vegetable fried rice



Get the kids involved to help cook, or make these as part of dinner one night and portion out lunches for the week.

They are all easy to pack in the lunchbox too.

All recipes available at: <http://goodforkids.nsw.gov.au/primary-schools/swap-it/recipes/>

GET ACTIVE WITH SKIPPING

Grab your rope and have some fun!

Tips on skipping:

- Search for 'jump rope tricks' and learn some tricks.
- Master a skipping routine by putting the skipping tricks together; maybe to music.
- Set some skipping challenges e.g. who can skip for the longest time or do the most tricks.
- Involve the whole family in a routine.



For inspiration, search 'Jump rope ticks' online or check out 'teacher manual' at www.heartfoundation.org.au

For health benefits, children aged 5-12 years need at least 60 minutes of moderate to vigorous physical activity every day.

Variety is important!



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Dates to Remember

Mon 20 July:
Pupil Free Day

Wed 22 July:
Transition Starts

BIRTHDAYS

9 June: Jack Farrawell
13 June: Bobbi Schultz

