



St Joseph's School Uralla Newsletter



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15 MAY 2024
TERM 2 WEEK 3

Dear Parents

PRINCIPAL'S MESSAGE

Diocesan Cross Country

We extend our best wishes to the students representing our school at the Diocesan Cross Country in Barraba this Friday - Liam, Poppy, Ryder, Joshua and Byron. Thank you to the parents who have offered to take their children to this event. Please remember to report to Amanda Scott when you arrive at the venue and inform her when you leave. Safe travelling and enjoy the day!

Open Morning

Our open morning will be held **Wednesday 5 June** commencing at 9:30am followed by morning tea. The Open Morning is an opportunity for new parents to speak with the Principal, meet with current parents of the school, have a guided tour of the school and enjoy some morning tea. The pre-schoolers are invited to join in with the current K-2 class for a morning of activities.

If you know of anyone with a child ready to start school next year, or anyone who would like to just have a look at our school and what we have to offer, please invite them along for the morning.

AEDC

As in previous years, our school will be collecting and providing data for the Australian Early Development Census. This is an initiative of the Australian Government. The data captured about each Kindergarten child helps build a picture of child development and the diverse developmental strengths and challenges children may have as they start full-time school. The AEDC data is included in school and community profiles, state and national reports. All our Kindergarten parents will receive an information letter today about this important data collection. If you have any concerns or questions, please feel free to call the office.

Resilience Program

St Joseph's School is pleased to be able to offer our students the valuable opportunity to participate in The Family Rural Resilience program which is a FREE early intervention, wellbeing program that aims to provide support to young people aged 0-18 years. Centacare will run the program and will provide all resources - there is no cost to our families.

The program focuses on providing support around areas of need. It provides education and strategies for resilience, emotional regulation, self-esteem, anger management, general support, mental health concerns and much more to provide a broad approach to support the wellbeing of young individuals.

Our K/1/2 groups will participate in this 5 week program during this term beginning on Wednesday 29 May and continuing each Wednesday for the following four weeks. Our Year 3 - 6 group of students will have their 5 sessions in Term 3 commencing on Wednesday 21 August.

Assembly

Our first Assembly for the term will be held this Friday 17 May (Week 3) at 2:45pm and subsequently in Weeks 5 & 8. All parents are welcome to attend.

Eisteddfod

St Joseph's will again participate in the Armidale Eisteddfod this year. The date has come up rather quickly but our students have been practicing during their music lessons.

The whole school will travel to Lazenby Hall UNE, Armidale by bus on Wednesday 22 May. The infants group (K/1/2) will perform at approximately 9:30am and the Primary group will perform at approximately 12:15pm.

We have organised for each group to visit the UNE Natural History/Discovery Museum between their performances. There is no cost for this visit.

There will be no cost to our families for this day as the cost of the bus will be covered by our Wellbeing Grant. Please submit your permission via the Compass Parent portal as soon as possible. Students will need to wear their full winter uniform including ties and hats, and bring a packed recess and lunch. The bus will need to depart at 9:00am sharp, so please ensure that your children are at school by 8:50am on the day. Thank you.

Kind regards
Judy Elks

CPR LESSON

On Tuesday 21st May our Year 3-6 students will participate in a program delivered by Royal Life Saving Society Trainer and Assessor, Cameron McFarlane to develop their skills and knowledge in performing effective CPR. It is imperative that every child be given the opportunity to learn this vital life-saving skill and have the knowledge to perform effective CPR, both around water and in the general community. The program also ensures all students have a sound understanding and knowledge on how to perform an emergency response plan in a time of need.

This program is fully supported by the Royal Lifesaving Society, in trying to combat the rise of drowning statistics and forge this vital life-saving skill into our Primary and High Schools. All students gain the opportunity to perform CPR skills on infant, child, and adult mannequin stations, including recovery rolls. They will also be given information about dealing with snakebite.

Our school is able to offer this program free of charge as we will fund this program through our Wellbeing Grant.

ILLUSTRATOR VISIT - CHERYL ORSINI



GRIP LEADERSHIP CONFERENCE

To begin the day, we left our school around 8:30am and arrived at the Armidale Ex Services Memorial Club. We were introduced to Andy and he gave each of us a booklet and started us off with our first activity. Two boys that called themselves the "loud noise boys" joined us and we played a game of "who had the loudest side, Levi or Jared?" We all had Jared and we definitely won. We had morning tea then we had a couple more sessions. After that we went out to the park with a big pond and played red rover for about 15 minutes then headed back in and had our last session where we could ask some questions. During this session we learned that you have to Step Up (use my talents), Step In (help when we spot a need), Step Out (try something new) and Step Closer (befriend others). We also learnt that you need to forget what others think of you and don't always expect something in return. Thank you to Mrs Elks, Mrs Davison, Mr & Mrs Beckett-Watego and Ms Paul for transporting us. We had a great day.

Year 6 Student Leaders



RELIGION NEWS



Pentecost - This Sunday!

Why do we celebrate Pentecost?

At Pentecost we remember the Holy Spirit descending upon the Apostles. Pentecost in Greek means 50th day. The Apostles were gathered to celebrate the Jewish Feast of Weeks which fell 50 days after the passover. This feast celebrated the first fruits of the harvest offered to God and also the giving of the law to Moses. The early Church gave it Christian significance with the "new law" heralded by Christ's resurrection. Today we celebrate Pentecost at the conclusion of the Easter season, you guessed it, 50 days after Easter Sunday. The Apostles now had a purpose that united them as one body, to go and proclaim the Good News. This is why you will often hear that Pentecost is the birth of the Church. Theologians, when reflecting on Pentecost, like to think not so much that the Church now had a mission, but moreso, that God's Mission now had a Church. That is definitely worth remembering and celebrating!

From CSO Bulletin

LIBRARY NEWS - PREMIER'S READING CHALLENGE

Premier's Reading Challenge is well on it's way!

A huge shout out to the following students who are already building their reading logs with numerous books:

Penny, Nate, Zahlee, Amity, Neve, Lillian and Ella.

PRC closes **Friday 23 August 2024**, still enough time for more students to participate.

- ⇒ Kindy students can include books that have been read to them.
- ⇒ There are printouts in the library of available books to borrow that are on this year's PRC list.
- ⇒ Please encourage your child to participate.
- ⇒ Students can be awarded a Certificate on completion of the Challenge if they have read the required amount of books.

If you require any further information, please go to the NSW Premier's Reading Challenge website:

www.premiersreadingchallenge.nsw.edu.au

Mrs Mary Hull (Librarian)



COMMUNITY NEWS

FREE

Toolkit for Dads

A 3 hour session for men

Fatherhood
– the best
job on the
planet!

Join us to learn about:

- What gets in the way
- What to do if you lose it
- What children need
- Smarter ways to parent
- Neuroscience and kids
- Helping children thrive
- New ways to discipline
- Self-care for dads

DATES AVAILABLE in 2024

~~Wednesday 15th May 2024, 10am - 1pm~~

Wednesday 26th June 2024, 10am - 1pm

Wednesday 31st July 2024, 10am - 1pm

WHERE: 150 Rusden Street, ARMIDALE

For more information ring Facilitator on

6738 7200 or to book, please call

1800 372 826 FREE CALL



CANTEEN ORDERS

Menu for Monday 20 May 2024

MORNING TEA - 50cents each: **Mini Apple Tarts**

LUNCH \$5 - ONE SIZE ONLY: **Cheese and Bacon Muffins**

Drinks

Strawberry or Chocolate Milk \$2.00
Apple or Black Currant Juice \$2.00

Other Items

Red Deli Chips \$1.50
Packet of Popcorn \$1.00
Quelch Sticks \$0.50cents

Dates to Remember

Fri 17 May: Diocesan Cross
Country in Barraba AND 2:45pm
Assembly (All Welcome)

Tue 21 May: CPR Yr 3-6

Wed 22 May: Eisteddfod

Wed 29 May: Healthy Harold Visit
AND Resilience Program Begins

Thur 30 May: Catholic Schools
Week Mass and UNE Discovery

Fri 31 May: 2:45pm Assembly

Wed 5 June: Open Morning

Mon 10 June:

PUBLIC HOLIDAY

Thur 13 June: Year 6 STEP Day

BIRTHDAYS

20 May: Kirby

